



THE 10TH ANNUAL DON BOSCO TECH *CROSS COUNTRY INVITATIONAL*

INVITATIONAL PREVIEW

The 10th Annual Don Bosco Tech Cross Country Invitational will be held Saturday, September 11, 2010, at Santa Fe Dam Recreational Park with 72 high school cross country teams and over 2,500 runners participating in 12 grade level races. The pre-race festivities start off with a ceremony to honor the victims of 9/11. After that, the meet gets underway at 8 am followed by a race every 20 minutes. Awards will be given out to first 50 athletes in each race and to the first 3 places in each division.

This year in the boys' Large School Divisional races, there will be a battle for the team honors among North Torrance, El Rancho, Warren, and Foothill. North Torrance, currently ranked 9th in CIF-Southern Section Division II, returns its top two in seniors Levi Cajio and Preston Lewis. Both runners will pace the Saxons to at least a place among the top trophy getters. El Rancho, led by senior Juan Rodriguez who has the fast returning time of 15:10 from last year's Don Bosco Tech Invitational, leads an experience team in the hunt for the first place trophy. Warren, which continues to rise among cross-country programs in CIF Division I, is led by the return of senior Christopher Enriquez. One team that cannot be counted out is Foothill. Traditionally, the Knights continue to develop a championship caliber squad with a young influx of talent each year.

In the boys' Medium School race, Senior Regan Garcia of La Mirada will challenge for top individual honors and try to lead his team to a trophy finish. As far as team awards, look out for Curtis High School of Tacoma, Washington. Coach Ben Magnum returns several harriers that led Curtis to top honors at their regional meets. La Canada is the other school to watch with Coach Andy DiConti preparing the Spartans for a first place finish.

The small boys' team trophies are up for grabs among 3 teams from CIF Division IV and 3 teams from Division V. Oaks Christian, currently ranked 6th in Division IV, debuts at the invitational as the favorite in the Small School Division. Salesian, ranked 7th in D4, returns an entire squad that narrowly missed the State Finals. Don Bosco Tech, the host school, will try to keep pace with the team leaders while its top runner, junior J.J. Dominguez, looks to be among the fastest boys of the day. Desert Christian will try to hold on to its #2 ranking in Division V, while being challenged by traditional small school powerhouses, Pasadena Poly and Flintridge Prep.

On the girls' side, a new course record will be set with so many talented individual runners leading their teams. The Foothill girls, led by senior Ariane Gushue and frosh Jessica Cushing-Murray, find themselves as the favorite in the Large Schools Division. Senior Jessica Feuerstine will pace Serrano for top honors among large schools. The final trophy is up for grabs among the rest of the field.

La Mirada High School comes in as the favorite in the Medium Schools Division. The Matadores return their top two runners, sophomore Taylor Jones and senior Celinda Manzo, and boast the #2 ranking in CIF Division III. San Gabriel Valley power, La Canada, looks like the top challenge for La Mirada. Alemany senior Charlene Flores seeks to earn the individual crown in this division.

Small schools Desert Christian and Whittier Christian will battle for the team title in this division. Kellian Hunt, a junior from Whittier Christian, and Annie Grove, a junior from Bishop Montgomery, return as the fastest girls in the Small Schools Division.



THE 10TH ANNUAL DON BOSCO TECH *CROSS COUNTRY INVITATIONAL*

DIVISIONAL BREAKDOWN

LARGE SCHOOLS

Alhambra
Anaheim (Girls)
Bloomington
Canyon Springs (Girls)
Channel Islands
Culver City
Dos Pueblos (Boys)
El Rancho
Etiwanda
Foothill (Santa Ana)
Loara
Lynwood
Marshall (Los Angeles)
North Torrance
Paramount
Rialto
Roosevelt (Los Angeles)
Rowland
Serrano
Sunny Hills
Warren (Boys)

MEDIUM SCHOOLS

Alemany
Bassett
Bishop Amat
Bolsa Grande
Cathedral (Boys)
Covina
Curtis (Washington)
Gabrielino (Boys)
Gahr
Gladstone
Hoover
La Canada
La Mirada
La Puente
Los Altos (Hacienda Heights)
Monrovia (Boys)
Nogales
Northview
Rim of the World
Wilson (Hacienda Heights)

SMALL SCHOOLS

Alverno (Girls)
Bishop Conaty-Loretto (Girls)
Bishop Montgomery
Cantwell-Sacred Heart
Don Bosco Tech (Boys)
Desert Christian (Lancaster)
Flintridge Prep (Boys)
Holy Martyrs
Immaculate Heart (Girls)
Marlborough (Girls)
Marshall Fundamental (Pasadena)
Mary Star of the Sea
New Roads
Oaks Christian
Ontario Christian
Pacifica Christian
Poly (Pasadena)
Pomona Catholic (Girls)
Riverside Christian
Rosamond
Sacred Heart of Jesus (Girls)
Salesian (Boys)
San Marino
St. Mary's Academy (Girls)
St. Monica Catholic
St. Paul
Verbum Dei (Boys)
Vistamar
Whittier Christian